

## QUARTERLY UPDATE

### Network Development

#### Evaluation Plan Updated!

The TCHP Team is happy to report that the evaluation plan has been updated to reflect the addition of Man Therapy. Evaluation activities are important to the sustainability of the network, quality improvement, and demonstrating return on investment. As data is gathered, we look forward to sharing results with partners.

**Network Development Grant Year 2-** The Network Development Grant is a three year grant with annual renewals. The Non-competing Continuation application has been submitted and approved. Due to the pandemic and waiting to launch our second pilot project, it is anticipated that a carryover request will be necessary.



*"A coordinated regional effort to identify, plan for, and provide interventions that will lead to a healthier community"*

### Community Projects

#### Consistent Messaging

##### Awareness Months

**May:** Mental Health

**June:** Men's Health

**July:** Recreation and Parks

##### Facebook Poll Results

###### 1) New Year, New You:

Of 30 respondents, 43% would like to lose a few pounds; 50% would like to lose a significant amount of weight.

**2) Heart Health:** Only 38% of 39 respondents knew that cholesterol screenings are recommended starting between age 18-24. Only 41% knew that HDL was the "good" cholesterol.

**3) Nutrition:** Of the 14 respondents, the two most common things that make it hard to keep nutritious foods in the house were that they spoil (57%) and it is a habit to grab less nutritious foods (50%).

#### Man Therapy

The Man Therapy campaign has gotten off to a great start! Since the beginning of our promotion, 192 new users from the Thumb have visited the site. The average visit is 2 minutes 24 seconds. As a result, one person accessed the crisis information posted online and 33 completed Head Inspections (screenings). We want to thank all the organizations that have helped get the word out to community members. In addition to all our TCHP partners, we have received help from the Sanilac County Suicide Prevention Commission, Huron & Sanilac Community Collaboratives, Gemini Group, Huron County Great Start Collaborative & Intermediate School District, Thumb Opioid Response Consortium, local first responder agencies, Tuscola Intermediate School District, and List Psychological.



#### Collaborative Efforts

##### Huron County Coffee Hour- April 16, 2021

TCHP partnered with the Huron County Great Start Collaborative to promote a wide array of behavioral health services available for children and parents of young children. Three TCHP partners highlighted their services- Harbor Beach Community Hospital, Scheurer Hospital, and Huron Behavioral Health. Additional providers shared the services that they have available. Thirty-eight people attended and great discussion was held. The coffee hour was a great opportunity for local agencies to network and learn about services offered by each organization. In order for our community to continue to grow and be healthy, opportunities to network are a great resource and we are happy TCHP could be a part of it!

##### System Change Collaboratives

Did you know there is a new opportunity to address system issues for young children at risk in Huron, Lapeer, and Tuscola Counties. DHHS in these counties has formed collaboration groups that meet for one hour quarterly for updates and to address opportunities to improve efforts to help children at risk. These collaborative groups provide a safe space for discussing concerns or questions about many topics including but not limited to mandated reporting, foster care, assistance programs, and abuse data. Kay has attended a few of the meetings and found them to be very informative. For more information contact Kay- [thumbhealth@gmail.com](mailto:thumbhealth@gmail.com)